



Spread joy and remembrance this Christmas

The Trees of Remembrance campaign is set to brighten the community while raising much-needed funds for the Nelson Tasman Hospice. See inside for details.

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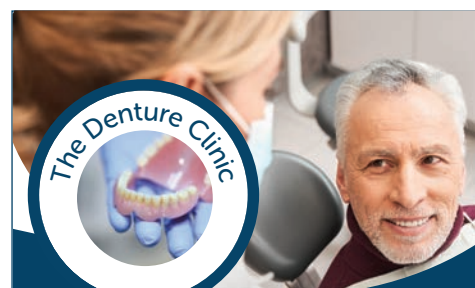
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President's Report

Sue Sara
President

Welcome again everyone. Hard to believe that this will be the last newsletter for the year with just weeks from Christmas. Once again, we have been busy at our branch attending meetings and assisting you with enquiries. I attended a meeting with Matt Doocey on Mental Health. A very informative meeting. I asked the question, "what is being done to support seniors suffering mental health issues"? He is fully aware and asked for any suggestions to help them to please get in contact with him. Positive Aging Forum was interesting with guest speaker Trevor Irwin, Managing Solicitor from Community Law speaking on a range of topics including Enduring Power of Attorney.



Sue Sara

Something our seniors need to consider. Trusty committee member Pat Curry has been hard out finishing off our new edition of the discount book. She puts so much work into this for us and we are eternally grateful. Our members need to make the most of the businesses who advertise in this so we can keep bringing you the savings. Our end of year Christmas lunch is coming up for our valued volunteers. This is a small way to say thank you for the hours they put in. A huge thanks to Kim, my office admin. Without her I would be lost. Also special thanks to all my valued Committee members. Finally. As the year closes in I send you all a very Merry Christmas and Safe and Happy New Year.

Spread joy and remembrance this Christmas with Trees of Remembrance

As the festive season draws near, a special opportunity to give back and reflect on loved ones is blossoming across Nelson and Tasman. The Trees of Remembrance campaign is set to brighten the community while raising much-needed funds for the Nelson Tasman Hospice. These beautiful trees are far more than holiday decorations—they're symbols of support for locals and a heartfelt way to remember those who can't be with us this Christmas. With three unique ways to get involved, it's easy to join this meaningful cause:

1. Farmers Stores (Starting November 14)

Visit Farmers stores in Nelson and Richmond to donate or purchase a stunning hand-painted bauble for \$15.99. Every dollar stays in the region, directly supporting Nelson Tasman Hospice. This

initiative is part of a nationwide Farmers campaign, but funds raised locally benefit our community.

2. Nelson Airport (November 29 - January 10)

The Trees of Remembrance will take center stage at Nelson Airport, decorated by local businesses committed to supporting the hospice. Visitors can admire the displays and vote for their favorite tree. These festive creations are a beautiful blend of community spirit and holiday cheer.

3. Community Trees (December 5-7)

From December 5-7, you'll find community Trees of Remembrance at Richmond Mall, New World Nelson, and several Stoke locations. These activations are made possible by dedicated volunteers from groups like the Freemasons, Whakatu Women's Welfare

League, and Richmond Lions.

Why Your Support Matters

Nelson Tasman Hospice provides free, specialist palliative care to over 210 patients and their families every month, guiding them through illness, death, and bereavement. With an annual funding shortfall of \$3.5 million, the hospice relies heavily on community generosity. By participating in the Trees of Remembrance campaign, you're helping ensure that this vital service continues to support those in need. So this Christmas, keep an eye out for these beautiful trees across the region. Whether you donate, purchase a bauble, or simply pause to reflect, you'll be making a meaningful difference while honoring the memory of loved ones. Let's come together to spread joy, share kindness, and support our community.

Welfare Operational Team Meeting

Sue Sara

I recently attended a WOT meeting (Welfare Operational Team) held at Richmond Library. They work with lots of organisations, in a Welfare-coordinated response in the event of a major disaster.

This covers things such as psychosocial support, financial assistance, shelter and accommodation amongst a host of other things.

Those attending were from MSD, Police, IRD, Victory Community Centre, Rapid Relief Team to name just a few.

During the Covid pandemic, Grey

Power initiated its on response with members we were aware of living alone without internet.

Brian FM will be used to communicate with the Nelson Tasman region during an emergency alongside all their other communication channels.

The frequencies of Brian FM are:

- 105.6 • Nelson
- 105.3 • Murchison
- 91.0 • Takaka

Attending this meeting gave me a whole new perspective of the many organisations we have that reach out.

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Stay scam savvy: protect yourself from scammers



Each year, New Zealanders lose millions of dollars to clever and persistent scammers who target anyone and everyone, regardless of age, gender, or background. While some might think older adults are more vulnerable to scams, the truth is scammers don't discriminate—they target people when they're most

distracted or busy. The most common scam we're seeing today is called "phishing". These scams often come via email or text, with criminals impersonating trusted organisations like New Zealand Post, NZTA, or Inland Revenue. Recently, there's been a surge in scammers pretending to be

banks or police officers. In these cases, they may tell you about "suspicious transactions" on your account and push you to act quickly, often asking for personal or banking details. Some even claim they need your help to "catch a scammer" in your bank, adding pressure to the situation.

How to Spot a Scam

Scammers use a variety of tactics, but here are some warning signs to watch for:

- Unexpected contact: You receive a call, email, or text from someone you don't know.
- Urgency: The person pressures you to act immediately.
- Requests for personal details: You're asked to share private information like bank account numbers.
- Suspicious links: You're asked to click a link to "confirm" details or log into an account.
- Secrecy: They urge you not to tell anyone about the contact.
- Too good to be true: If it seems unbelievable, it probably is.

Protect Yourself

To help Kiwis stay safe online, BNZ offers free resources to educate people on spotting and avoiding scams. Search "get scam savvy" in your browser to find tools like scam alerts, quizzes, and guides. These can be shared with friends, whānau, or community groups to keep everyone informed.

If you're ever unsure about a message or call, stop and verify:

- Hang up the phone or close the email.
- Talk to a trusted friend or family member.
- If you've accidentally shared personal or banking information, contact your bank immediately using the number on their official website or the back of your bank card.

By staying alert and informed, we can outsmart scammers and keep our money and personal information safe. Together, let's get scam savvy!

Reminder: renew your membership soon for savings and benefits

As we approach the new year, it's time to consider renewing your Grey Power membership! Renewals can be made as soon as the office opens on Monday, January 6th, and renewing early could win you a prize!

For those new to Grey Power who sign up in January, there's an added bonus: your

membership will be valid until March 2026, giving you a few extra months of benefits.

A timely renewal helps you hold on to all the perks, including discounted rates on electricity through Grey Power Electricity. Members enjoy special rates with Pulse Energy, but if your membership lapses,

your electricity account will transfer back to Pulse's standard rates, which are notably higher. So, to keep enjoying affordable power, make sure your membership is up-to-date.

Beyond electricity, Grey Power members also benefit from discounts at a range of local businesses. However, businesses

offering these savings will stop applying them if your membership has expired, so renewing now ensures you keep enjoying these discounts.

We appreciate your continued support and look forward to helping you enjoy the full benefits of belonging to Nelson Grey Power.

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Pay your subscription early and win

There are prize draws for Members Renewing early for the next membership year.

All memberships are due on 31 March 2025.

Miss the rush and pay early in January, February and March 2025 for the upcoming membership Year to 31 March 2026. There is

a prize draw after each of these 3 months.

Payment can be: Left with Triton Hearing on Bridge Street or the McGlashen Pharmacy Richmond (No change given) (We will pick your payments up).

Paid directly into bank account 03-1709-0071804-001 with

Internet banking Membership card/s will be posted to you for any of the above options OR Come and see us at 33 Putaitai Street, Stoke between 10am and 3.00pm

We have Eftpos but do not accept credit cards or have Paywave. Good luck!

Benefits of joining Nelson Grey Power

* Use of Nelson Grey Power discount book – which gives more than one hundred business discounts and is updated and republished biennially.

* Membership confers automatic free \$2000 accidental death & dismemberment insurance.

* Provides an avenue for bringing concerns and ideas for improving welfare and well-being of older persons.

* Opportunity to meet with other members and socialise and form friendships.

* Access to a wide range of information brochures and education/learning opportunities.

* Opportunities to volunteer in the work of Nelson Grey Power.

To become a member visit greypowernelson.org.nz

NELSON GREY POWER ASSN INC.

Membership Form

Office Use Only

Date

Receipt No:

Cards Issued

Actioned By

EMAIL..... MEMBERSHIP NUMBER

SURNAME..... FIRST NAME YEAR OF BIRTH.....

SURNAME..... FIRST NAME YEAR OF BIRTH.....

POSTAL ADDRESS

POST CODE PHONE NUMBER

ANNUAL SUBSCRIPTION \$25 Single or \$35 Double Plus optional donation

Total Payment \$.....

Payment methods:

Visit Nelson Grey Power, 33 Putaitai St, Stoke (Eftpos available) or Post to PO Box 2190, Stoke, 7041.

Internet Banking: 03 1709 0071804 001. Please use surname as reference and mark NEW if a new membership.

Subs can be left at Triton Hearing, 95 Bridge St, Nelson or McGlashen Pharmacy, Richmond.

Your details will not be given to any other organisation for the purpose of sending you promotional material.

All memberships expire 31 March.

Phone 547 2457 | Office hours 10am to 3pm | www.greypowernelson.org

Nelson Grey Power

33 Putaitai Street, Stoke

Mon-Fri 10am - 3pm

Ph: 03 547 2457

P. O. Box 2190 Stoke 7041

admin@greypowernelson.org.nz

www.greypowernelson.org.nz

Xmas Hours

Nelson Grey Power Association Office, 33 Putaitai Street, Stoke

Will be closed for a Volunteer Xmas Lunch on Tuesday 10th December from midday for the day, and back open Wednesday 11th.

CLOSED FOR THE CHRISTMAS PERIOD

From Friday 13th December 1pm and will re-open Monday 6th January 10am

MERRY XMAS & A HAPPY NEW YEAR TO YOU ALL