



Action plan for better lives

Grey Power Federation board member Graeme Faulkner, Grey Power national President Gayle Chambers with Minister for Seniors, Casey Costello and NZ first MP Jamie Arbuckle. Come and see Casey Costello on Friday 17th April hosted by Nelson Grey Power, details on page 3.



- ✓ Excellent dentistry at affordable prices
- ✓ Up-to-date methods and materials
- ✓ Nervous patients cared for

03 548 6564

85 Tahunanui Drive, Tahunanui, Nelson
E reception@tahunanuidental.co.nz
W tahunanuidental.co.nz

SERVING THE GREY POWER COMMUNITY SINCE 1986



SENIOR LAW
NELSON LIMITED

Wills | Estates
Powers of Attorney | House sales
Retirement Villages
Ring for a no obligation discussion

KRISTY RUSHER
SPECIALISING IN SENIOR LAW

03 547 3366 | krusher@seniorlaw.co.nz
Stoke Central Mall, 530 Main Road, Stoke



HELP US SAVE YOU & FUTURE GENERATIONS

Our Endowment Trust provides a powerful way for our community to help create a reliable and secure revenue stream, ensuring that we can plan for the future with certainty.

The Trust's funds will remain in perpetuity, growing year after year for generations to come. If you would like to make a living gift or a bequest please contact us for a confidential conversation.

03 547 7278 or endowment@helirescue.co.nz



GREYPOWER DISCOUNT

- Tyres
- WOF
- Lube & Service
- Cable Making
- Flywheel Machining
- Hose Manufacturing
- Brake & Clutch Parts
- Rebonding



15 Muritai Street • P. 546 4749
E. nelbrakes@xtra.co.nz
www.nelsonbrakeservices.co.nz



Presidents Report

Sue Sara

Goodness me. Time is really flying along with Autumn already here. It's that time of year when the office is buzzing with renewals and bringing in new members as well. We have a few names in to stand for committee but always welcome more. The year is going to be a busy one.



We have just attended the yearly Positive Aging Expo run by TDC.

This year it clashed with over 500 vintage and classic cars on show at the A&P showground and the entrance via a detour.

Grey Power was still happy and kept busy with renewals and new members signing up.

Our Out and Abouts are continuing. Members enjoy this and with fuel rising they are happy for us to go to their rest home or local shopping space.

We are pleased to be hosting the Minister for Seniors, the Hon Casey Costello, presenting her talk on Better, Later Life, Action Plan.

This is being held at the Presbyterian Church, 34 Champion Road at 10-30am, Friday 17th April.

Followed by question time and refreshments.

Looking forward to seeing many of you there.

This is followed by our AGM on Saturday 18th April at Stoke Methodist Church, Neale Avenue.

Please support this with your attendance.

Collecting History 2026

If collecting anything with a bit of history or a story is your sort of thing, then perhaps this is an event to interest you? As part of Nelson CC Tuku Heritage Month, Collecting History on 18th August at Founders Park features stamps, postcards, die-cast models cars, two history societies and the local branch of NZ Genealogy. Perhaps now is time to start your journey to find out more about your ancestors, have someone appraise your old stamp collection or talk airmail services?

There will be displays of post-



cards, stamps, local and regional postal history, airmail material and model cars. Get to talk to members of the 6 societies present to see whether there is an organisation you want to join or find out more about. Perhaps even buy a stamp collection or

two. We are a friendly and enthusiastic bunch - you don't need to be an expert in anything.

Collecting History is being organised by Nelson Philatelic Society who meet on the second Tuesday of each month at Stoke Baptist Church hall from 7pm or scan the QR code for more information. Admission to Collecting History is free for all.



Mobility Matters – Access Mobility Community Talk

Maintaining independence and the ability to get out and about is incredibly important for well-being, connection, and quality of life. For many people, mobility equipment such as scooters, power chairs, wheelchairs, or walkers can make a significant difference in helping them stay active and engaged in their community.

Access Mobility is pleased to be hosting a friendly and informative community talk on Thursday 16 April at 10.30am, at the Nelson Grey Power Office, focusing specifically on understanding and choosing the right mobility equipment.

During this relaxed session, the Access Mobility team will introduce a range of mobility scooters, power chairs, wheelchairs, and walkers, explaining how these devices can support independence and safe movement. Attendees will learn about the



different types of models available, how they vary in size, performance, and features, and why certain options may be more suitable depending on individual needs or environments.

The talk will also cover practical considerations that are often important when choosing mobility equipment, such as battery charging, servicing and maintenance, safe operation, and available training or support. There will also be discussion about selecting equipment that suits specific situations – for example, compact models suitable for

easy transportation and/or motor homes, equipment designed for steeper areas, or scooters suited for longer versus shorter travel distances.

The aim is to provide clear, practical information that helps people make informed decisions about mobility equipment and understand how the right support can improve confidence and freedom.

There will be plenty of opportunity to ask questions, see some equipment up close, have a go-test drive and discuss individual needs in a relaxed and welcoming environment.

To add a little fun to the morning everyone who attends will go into the draw to win a gift basket filled with goodies.

We would love to see you there for an engaging and informative morning with the Access Mobility team.



For more useful information
and advice visit
greypowernelson.org.nz



**Legal protection for
your family through the
stages of life**

- ✓ Inheritance/estate planning and wills
- ✓ Advice on retirement village and aged care facility contracts
- ✓ Rest home care and residential care subsidy applications
- ✓ Enduring powers of attorney
- ✓ PPPR applications

PITT & MOORE
LAWYERS AND NOTARIES PUBLIC

Nelson: 78 Selwyn Place Phone: 03 548 8349
Richmond: 66 Oxford Street Phone: 03 543 9090
www.pittandmore.co.nz

Living well in later life: a presentation by the Minister for Seniors

Grey Power Nelson will host the Minister for Seniors this April to talk about the Government's long term plan for supporting people to live well as they age.

The Minister's event will follow March's Positive Ageing Expo. Hon Casey Costello will outline the Better Later Life Action Plan, including work under way to strengthen aged care and support people to remain independent for as long as possible.

The discussion will include local perspectives, reflecting on ageing well in Tas-

man and the role communities play in supporting older people.

After the presentation, there will be conversation and refreshments.

Event details

Date: Friday 17 April

Time: 10:30am to 12.00pm

Address: Whakatu Presbyterian Church, 34 Champion Road, Richmond

All welcome. RSVP not required.

Find out more at www.officeforseniors.govt.nz

Speaker Bio

Hon Casey Costello, Minis-

ter for Seniors

Hon Casey Costello is the Minister for Seniors and leads the delivery of the Better Later Life Strategy and Action Plan.

She brings a strong background in public service, having served 14 years with New Zealand Police and later becoming the first woman elected Vice-President of the Police Association. She has also held leadership roles in the private sector.



Hon Casey Costello

Minister Costello is focused on supporting people to live well as they age, and ensuring older New Zealanders are valued and respected. As Associate Health Minister, she is responsible for aged care and the Aged Care Ministerial Advisory Group, which is currently looking at the changes needed to build a sustainable care system that is easier for people to access and navigate.

AGM NELSON GREY POWER

2pm Saturday 18th April 2026
Stoke Methodist Church Hall
Neale Avenue

Nominations for Nelson Grey Power Committee and positions of President, Secretary, and Treasurer need to be in the hands of the Secretary by 2pm Friday 3rd April 2026.

Nomination Forms are available from the Nelson Grey Power office.

Remits must be provided in writing to the Secretary 30 days prior to the meeting.

All members welcome.

Cancer care closer to home for our community

We wanted to share an update about specialist cancer care now becoming available locally.

From April 2026, St George's Cancer Care will open a specialist oncology and haematology clinic in Nelson, providing people

across Nelson, Tasman and Marlborough with access to appropriate cancer care closer to home.

For many people, cancer treatment has meant long trips to Christchurch and time away from family and support networks. Having

specialist care available locally may help reduce travel and disruption, while remaining connected to experienced medical teams.

The Nelson clinic is designed to work alongside existing public health services and is expected to

support more than 300 local patients each year.

Residents and families with questions about suitability or referrals are encouraged to speak with their GP, specialist, or St George's Cancer Care directly.

Where to find us out & about

Grey Power Volunteers and/or Staff will be at the following Venues in April so that members have an opportunity to pay their subscriptions somewhere more convenient.

New members will also be welcome to join at these places.

Thursday 9 th April	Richmond Mall	10.00am-2.00pm
Saturday 11 th April	Grey Power Office	10.00am-12.00
Wednesday 15 th April	The Guardian Motueka	10.00am-12.30pm
Tuesday 21 st April	Summerset Richmond	10.30am-12.00

Membership subscriptions due for renewal

The membership year begins 1st April 2026 and goes to 31 March 2027. If your membership card has a BLUE label, you are due to renew. You will not be sent an invoice. Consider this your reminder.

The Winners for the Paying early in March prize draw, 1st, 2nd & 3rd will be published in the next newsletter in the first week of June.

Payments for subscriptions of the right money (no eftpos) can be left with Triton Hearing 95 Bridge Street and McGlashen Pharmacy on Oxford Street in Richmond but can also be accessed from the carpark in between Oxford Street and Queen Street. Renewal & New member forms are held at these places if needed. These are cash only drop off points, with your membership cards posted to you once Grey Power have picked these up, usually at least on a weekly basis. These two places are being kind enough to do this for us so please have the right money.

If you pay by internet banking, your card/s will be posted to you.

NEED EXPERT ADVICE ON DENTURES?
Come and see the team at **Wilson Denture Design**

Full Dentures (implant-overdentures as well), Partial Dentures, Denture Relines, **DENTURE REPAIRS** and Additions
Greypower and Gold Card discounts.

CALL NOW - FOR A FREE CONSULTATION

82 Waimea Rd, Nelson. Ph 03 546 8551
www.wdenturedesign.co.nz

TIMMILLERPLUMBING

For all your Plumbing, Drainage and Heating needs large or small

PH 547 4532
55 BOLT RD, NELSON
www.timmillerplumbing.co.nz

Harcourts
Nelson & Richmond

Talk to us today to discover how we can help you sell your *Home*

Grey Power Discount Available

Nelson
P 03 548 3034

Richmond
P 03 544 4441

Platinum Blue Limited Licensed Agent REAA 2008

Here for you, every step.

Waimea Richmond Marsden House Golden Bay Motueka HOPE GARDEN OF REMEMBRANCE

DAY'S FUNERAL SERVICES

0800 522 444 daysfuneralservices.co.nz



Congratulations to the paying early prize draw winners

DECEMBER/JANUARY

- 1st Prize \$50 Woolworths Grocery Voucher – P Duthie
- 2nd Prize Harcourts Gift Basket – L Rothenberg
- 3rd Prize Gift Bag – A & A Haddock

FEBRUARY

- 1st Prize \$50 Woolworths Grocery Voucher – G & D Muollo
- 2nd Prize Gift Box – A Fletcher
- 3rd Prize Gift Bag – E Killman

All Winners have been notified

There will be a further prize draw for all members who renewed their membership in March. Winners will be shown in the June newsletter.

Thank you to Grey Power Electricity, Top South Media & Harcourts, for donating prizes.

Don't miss out for the final march draw & good luck!

Benefits of joining Nelson Grey Power

* Use of Nelson Grey Power discount book – which gives more than one hundred business discounts and is updated and republished biennially.

* Membership confers automatic free \$2000 accidental death & dismemberment insurance.

* Provides an avenue for bringing concerns and ideas for improving welfare and well-being of older persons.

* Opportunity to meet with other members and socialise and form friendships.

* Access to a wide range of information brochures and education/learning opportunities.

* Opportunities to volunteer in the work of Nelson Grey Power.

To become a member visit greypowernelson.org.nz

NELSON GREY POWER ASSN INC.

Membership Form

Office Use Only

Date
Receipt No:
Cards Issued
Actioned By

EMAIL..... MEMBERSHIP NUMBER

SURNAME..... FIRST NAME YEAR OF BIRTH.....

SURNAME..... FIRST NAME YEAR OF BIRTH.....

POSTAL ADDRESS

POST CODE PHONE NUMBER

ANNUAL SUBSCRIPTION \$25 Single or \$40 Double Plus optional donation

Total Payment \$.....

Payment methods:

Visit Nelson Grey Power, 33 Putaitai St, Stoke (Eftpos available).

Internet Banking: 03 1709 0071804 001. Please use surname as reference and mark NEW if a new membership.

Subs can be left at Triton Hearing, 95 Bridge St, Nelson or McGlashen Pharmacy, Richmond.

Your details will not be given to any other organisation for the purpose of sending you promotional material.

All memberships expire 31 March.

Phone 547 2457 | Office hours 10am to 3pm | www.greypowernelson.org.nz

Nelson Grey Power 33 Putaitai Street, Stoke

Mon-Fri 10am - 3pm

Ph: 03 547 2457

P. O. Box 2190 Stoke 7041

admin@greypowernelson.org.nz

www.greypowernelson.org.nz



For more useful information
and advice visit

greypowernelson.org.nz